

INTERNAL / EXTERNAL

Employees of the IWK Health Centre and members of the public are eligible to apply for this position. Primary consideration will be given to current members of the IWK Health Centre's (NSGEU - HC) bargaining unit.

Recreation Therapist

**Temporary Part-time (0.5 FTE) for 6 months
Adolescent Day Treatment, Mental Health & Addictions Program**

SALARY: \$26.4908 - \$33.4518 per hour
UNION STATUS: NSGEU-Healthcare
COMPETITION NUMBER: C5962

POSTING DATE: June 07, 2010
CLOSING DATE: June 18, 2010 (4:30pm)
START DATE: ASAP

POSITION SUMMARY:

The Recreation Therapist will provide care to adolescents with mental health problems and their families as an integral part of the Adolescent Day Treatment interdisciplinary team. Accountable to the Manager, the Recreation Therapist will provide client and family centred care to enable youth to acquire skill, knowledge and behaviour that will allow them to incorporate positive leisure experiences as part of a healthy lifestyle. The Recreation Therapist will develop individual, family and group interventions with the goal of enhancing the development of life-long leisure skills and attitudes, eliminating barriers to leisure, and optimizing the leisure involvement of children and youth with mental health problems in partnership with families and the interdisciplinary team. The Recreation Therapist is responsible for the assessment of a youth's recreational and leisure needs, setting realistic goals with the youth, designing and implementing appropriate interventions and plans, including appropriate documentation of the plan as well as, evaluating the interventions in an efficient manner. These interventions are completed with the child and family within an interdisciplinary team approach.

SHIFTS: Weekdays, hours of work to be determined

QUALIFICATIONS:

- Baccalaureate degree in Recreation or Leisure Studies with an emphasis in Therapeutic Recreation required.
- Certified as a Therapeutic Recreation Specialist by the National Council for Therapeutic Recreation Certification (NCTRC) required.
- Minimum two (2) years experience working in a Mental Health setting preferred.
- Demonstrated knowledge of best practices in leisure/recreation assessment and intervention.
- Knowledge of leisure education and leisure counseling processes required
- Knowledge of various mental and physical health conditions and their impact on health, well-being, and quality of life require
- Effective counseling and communication (verbal * written) skills required
- Demonstrated ability to work as part of a collaborative, interdisciplinary team as well as the

ability to work independently required

-Excellent time management, organization and problem-solving skills; demonstrated ability to set priorities required.

-Demonstrated understanding of and commitment to family centre care

-Demonstrated ability to establish and promote interpersonal and community relationships

-Competencies in other languages considered an asset; French preferred

Interested parties are asked to submit a current resume including month and year of employment in past positions and a cover letter outlining their qualifications for the role. Please include the competition number, and if you are an employee of the IWK Health Centre, in the subject line of your email or within your cover letter and send to:

Email: Human.Resources@iwk.nshealth.ca (Preferred Method)

IWK Health Centre, Human Resources
5850/5980 University Avenue, PO Box 9700
Halifax, NS B3K 6R8
Fax: (902) 470-6612
Ph: (902) 470-8012

We thank all candidates for their interest, however, only those selected for an interview will be contacted.